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Clearing Gel (Benzoyl Peroxide) Troubleshooting

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## Clearing Gel (Benzoyl Peroxide) Troubleshooting

### Follow the Timetable

Benzoyl Peroxide can be irritating and drying, especially if used “too much, too soon.” During the initial weeks, you will experience some dryness, redness, itching, flaking, tightness, or mild peeling. This is temporary and will subside as your skin adapts.

### Not on Eye or Lower Neck

Do not use Benzoyl Peroxide on your eye area or past your jawline, since the skin is delicate in these areas and will get very dry and irritated if exposed.

### No Eye Cream

Do not use an eye cream or moisturizer around the eyes or neck. Benzoyl Peroxide likes to migrate to creams, causing irritation and possible swelling. Hydrating Gel and Eye Gel are safe, as long as they are applied prior to benzoyl peroxide.

### Eye Irritation

Allow BPO to dry before going to bed. If your eyelids get irritated, try using an eye gel (not cream) between Hydrating Gel and Clearing Gel to give the eye area some extra hydration.

### Not When Working Out

Do not wear BPO when you expect to perspire (i.e., exercising, physical labor or getting hot in the sun). Be sure to rinse off the Benzoyl Peroxide from the previous evening if you exercise in the morning.

### Smile Lines

This area tends to be the first place you will see dryness. Always use extra Hydrating Gel in the smile lines and apply Clearing Gel to this area last so it gets the least amount of product.

### Will Bleach Fabric

BPO will bleach fabric, so wear a white shirt when wearing it, use a white washcloth or towel when removing, and sleep on white pillowcases.

### Allergic Reaction

Allergy to Benzoyl Peroxide is extremely rare, which is characterized by a mild rash with itching, swelling, or burning. If you believe you are allergic to BPO, do a patch test: put a small amount behind one ear and watch for a reaction over the next 3 days. *Note: dry skin does not constitute an allergic reaction.*

### Use Religiously

Skipping a day or two, or only spot treating rather than treating the full area is when new acne lesions have a chance to form. You will never get clear if you skip your Clearing Gel!